## Alabama Certified Peer Specialist Training Application

Qualifications to Become a Certified Peer Specialist: Must have personally experienced mental illness, must be in recovery, must be open minded, and must be willing to share personal experiences with mental illness publicly. Must be a High School Graduate or have GED. Must have good communication skills, both written and oral. Must have successfully completed Certified Peer Specialist training and test.

Required knowledge and skills: An understanding of recovery from mental illness. Basic understanding of mental illness and the mental health system. Basic knowledge of empowerment and the goals and objectives of the consumer movement. Ability to work with individuals or groups. Basic knowledge of consumer rights and advocacy. Ability to communicate effectively. Ability to work a set schedule. Ability to connect with individuals in treatment for mental illness. Ability to understand the unique experience of mental illness. Ability to serve as a role model, showing by example that recovery is possible. Ability to relay coping skills, positive attitude skills and self-esteem. Ability to assist in establishing support systems and interface with agencies, organizations, and groups. Ability to facilitate peer support/self-help groups.

Name and Add	ress:	
		•
  I am interested	l in: Full time Employment	
		Hours per week?

Why are you interested in becoming a Certified Peer Specialist?

What does recovery from mental illness mean to you?

Have you ever shared your mental illness experience with others?
Are you comfortable with sharing your mental illness with others?
What strengths do you have that you feel will be beneficial to providing peer support?
What factors are key to your continued recovery?

What consu	mer organiza	ations, peer	support	, and advo	cacy org	<u>anizations</u>
are you a m	ember or fo	<u>miliar with?</u>				
Describe an		consumer or	<u>mental</u>	health act	rivities y	<u>rou</u>
participate	<u>in:</u>					
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Other reaso	ons you belie	ve you will i	<u>make a c</u>	good peer s	specialis <sup>.</sup>	<u>t:</u>
Education						
	School	Dates atter		Graduate?	Date	Major
•						
College/Voc						
		<del> </del>				
GED	YesNo_					

Employment					
<u>Current Status</u> Cur	rently Employed?	Yes_	No		
Red	ceiving Disability/SSI	Yes_	No		
Are you now employed	or have you in the pas	t been emplo	oyed as a peer		
specialist: YesNo Where: When:					
·					
Current or Last Employ	yer:				
	<del> </del>		<del> </del>		
Address:	Telephone_		<del></del>		
	Type of Bus				
	Supervisor_				
Dates of Employment_	toFull time	ePart tir	me		
Reason for leaving:					
May we contact your s					
Describe your duties:	•				
-					
<b>-</b> .					
Previous Employer:					
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Address:	•				
	Type of Bus				
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Reason for leaving:					
May we contact your s	upervisor: YesNo_				
Describe your duties:					

Previous Employer:						
Address:	Telephone					
	Type of Business					
		Supervisor				
Dates of Employme Reason for leaving:						
Reason for leaving: May we contact you Describe your dutie		YesNo				
Other Employment	Experience:					
Name (Print):						
Signature:	<del> </del>		<del> </del>			
Date:						

Applications should be submitted to:

The Alabama Office of Consumer Relations P. O. Box 301410 Montgomery, AL 36130-1410 Fax (334) 242-3025

Email michael.autrey@mh.alabama.gov

 $S: \verb|\| Consumer Relations \verb|\| Certified Peer Specialist \verb|\| Revised Peer Specialist | Application 10.25.07. doc$